

Stroke Survivors Bowls Summer Newsletter **2024**

Short Mat Bowls Sessions at Hubberston and Hakin Community Centre, Church Road, Hubberston, Milford Haven SA73 3PL.



23rd August Bowling as normal from 9.30am.

30th August No Bowls this week – Summer Recess!!

6th September bowling as normal from 9.30am.

13th September bowling as normal from 9.30am – including visits from the Stroke Association and Katherine Yabsley, Therapy Assistant Practitioner in Neurology from Withybush Hospital.

20th September bowling as normal from 9.30am.

27th September no bowls this week – Macmillan Coffee morning.

Bowling each week at 9.30am from **October until Christmas.**

Haverfordwest Stroke Club meetings at the Centre at 2pm.

22nd August / 5th September / 19th September / 3rd October / 17th October / 14th November / 28th November and 12th December.

Macmillan Coffee Morning at the Centre

27th September at 10.30am – All Welcome.

Polo Shirts

Anyone wishing to purchase one of our Polo Shirts please let me know, they are £10 each and are available locally.

Lawn Bowls

Contact has been made with the Secretary of Milford Haven Bowling Club regarding the possibility of us playing a match at their Club.

Carers Support

We have been successful in our funding application to Pembrokeshire Association of Voluntary Services from the Time Out for Carers Fund.

Will share the details in the near future

Stroke Choir

Plans are going well regarding forming a Choir at the Centre with Volunteers identified to take forward this initiative in the Autumn.

Access will not be limited to Stroke Survivors and those with other Neurological conditions welcome to attend either on their own or with their Carers or Partners.

For further information regarding any of the above contact Peter on 07377652328 / email jelpot1@icloud.com.

Stroke Survivor

